



Monthly Menu

Fall/Winter 2024

Week 1

	SUN	MON	TUE	WED	THUR	FRI	SAT
BREAKFAST	Choice of Cereal Eggs of Choice Syrup	Choice of Cereal Eggs of Choice Toast Sausage Patty	Choice of Cereal Scrambled Eggs Bacon Toast	Choice of Cereal Eggs of Choice Biscuits and Sausage Gravy	Choice of Cereal French Toast Eggs of Choice Syrup	Choice of Cereal Eggs of Choice Bacon Toast	Choice of Cereal Scrambled Eggs Sausage Patty Mini Muffi
LUNCH	Garlic Parmesan Chicken Breast Fettuccine Pasta Sauteed Zucchini & Onion Roll Frosted Cake	Roasted Pork Tenderloin Black Eyed Peas Collard Greens Cornbread Chocolate Pudding w/ Whip Topping	General Tso Chicken White Rice Vegetable Blend Vegetable Egg Roll Cookie	Meatloaf Mashed Potatoes Green Beans Roll Brownie Brown Gravy	Fried Chicken Stewed Tomatoes Butter Beans Cornbread Cookie	Fried Fish Crinkle Cut Fries Creamy Cole Slaw Cornbread Frosted Marble Cake	Italian Sausage w/ Peppers & Onions American Fried Potatoes Cooked CabbageRoll Fruit Cocktail
SUPPER	Fried Fish Sandwich Crinkle Cut Fries Tossed Salad Cinnamon Applesauce Tartar Sauce	Beef Tetrazzini Carrots Roll Seasonal Fruit	Southwest Beef Mac & Cheese Broccoli Roll Diced Pears	Corn Chowder Saltines Ham and Cheese Sandwich Marinated Cucumbers & Tomatoes Mandarin Oranges	Chili with Beans Baked Potato Caesar Salad Roll Mixed Berries	Vegetable Soup Saltines Chicken Salad Sandwich Potato Chips Apple Slices	Chicken Tacos Mexican Corn Salad Tossed w/ Tomato Ice Cream

Week 2

	SUN	MON	TUE	WED	THUR	FRI	SAT
BREAKFAST	Choice of Cereal Eggs of Choice Breakfast Ham Slice Toast	Choice of Cereal Eggs of Choice Toast Bacon	Choice of Cereal Scrambled Eggs Sausage Patty Toast	Choice of Cereal Eggs of Choice Biscuits Sausage Gravy	Choice of Cereal Hard Boiled Egg Sausage Patty Toast	Choice of Cereal Pancakes Eggs of Choice Syrup	Choice of Cereal Eggs of Choice Bacon Toast
LUNCH	Country Fried Steak Cream Sauce Mashed Potatoes Honey Glazed Carrots Roll Fruit Cobbler	Turkey Pot Pie Broccoli Roll Lemon Cheesecake Bar	Chicken Jambalaya Fried Okra Cornbread Chocolate Chip Cookie	Beef Shepherd's Pie Whole Baby Carrots Roll Fruited Gelatin	Fried Chicken Macaroni & Cheese Mixed Vegetables Roll Banana Pudding	Breaded Fish Potato Wedges Capri Vegetable Blend Roll Frosted Chocolate Cake	Baked Glazed Ham Baked Sweet Potato Green Beans Roll Strawberry Shortcake
SUPPER	Tuna Salad Pasta Salad Tomato Slices Dinner Roll Diced Pears	Spaghetti Sauce w/ Meatballs w/ Noodles Vegetable Blend Garlic Roll Orange Wedges	Polish Sausage Au Gratin Potatoes Cooked Cabbage Roll Seasonal Fruit	Tomato Soup Turkey & Cheese Sandwich Potato Salad Cinnamon Applesauce	Hamburger Steak with Gravy Buttered Noodles Succotash Vegetable Blend Cornbread Sliced Peaches	BBQ Pork Sandwich Creamy Cole Slaw Baked Beans Pineapple Chunks	Beef Macaroni Casserole Peas & Carrots Roll Apple Slices

Week 3

	SUN	MON	TUE	WED	THUR	FRI	SAT
BREAKFAST	Choice of Cereal French Toast Sausage Links Syrup	Choice of Cereal Eggs of Choice Bacon Toast Cinnamon	Choice of Cereal Hard Boiled Egg Sausage Patty Toast	Choice of Cereal Eggs of Choice Biscuits and Sausage Gravy	Choice of Cereal Scrambled Eggs Bacon Toast	Choice of Cereal Eggs of Choice Sausage Patty Toast	Choice of Cereal Eggs of Choice Bacon Muffin
LUNCH	Baked Chicken Roasted Red Potatoes Broccoli Roll Frosted Yellow Cake	Swedish Meatballs Egg Noodles Green Peas Roll Sugar Cookie	Chicken & Stuffing Casserole Carrots Roll Sherbet	Beef Pepper Patty Mashed Potatoes Roasted Zucchini Roll Pie Brown Gravy	Fried Chicken Black Eyed Peas Stewed Okra Roll Vanilla Pudding	Fried Fish Red Beans and Rice Seasoned Greens Biscuit Apple Slices	Turkey Pot Roast Baked Sweet Potato Green Beans Roll Pumpkin Pie
SUPPER	Lemon Baked Fish Garden Rice Blend Carrots Roll Cinnamon Applesauce	Pork Adobo Black Beans Fajita Vegetables Diced Pears	Cream of Tomato Soup Saltines Deli Sandwich Three Bean Salad Mixed Berries	BBQ Pork Ribette Macaroni Salad Turnip Greens Cornbread Seasonal Fruit	Hot Dog on a Bun Baked Beans Creamy Cole Slaw Pineapple Chunks	Salisbury Steak w/ Gravy Onion Roasted Potatoes Carrots Roll Cookie	Vegetable Soup Saltines Ham Sandwich Potato Chips Tropical Fruit

Week 4

	SUN	MON	TUE	WED	THUR	FRI	SAT
BREAKFAST	Choice of Cereal Omelet Toast	Choice of Cereal Scrambled Eggs Sausage Links Toast	Choice of Cereal Eggs of Choice Bacon Toast	Choice of Cereal Eggs of Choice Bacon Mini Muffin	Choice of Cereal Biscuit Sausage Patty	Choice of Cereal Scrambled Eggs Toast	Choice of Cereal Eggs of Choice Breakfast Ham Slice Biscuit
LUNCH	Honey Mustard Pork Tenderloin Black Eyed Peas Collard Greens Cornbread Apple Cobbler	Beef Stroganoff Egg Noodles Carrots Roll Ice Cream	Chicken Rice Casserole Mixed Vegetables Roll Chocolate Chip Cookie	Pot Roast Mashed Potatoes California Veg Blend Roll Frosted Yellow Cake	Fried Chicken Baked Sweet Potato Broccoli Roll Pudding & Cookie Parfait	Fried Fish Crinkle Cut Fries Creamy Cole Slaw Cornbread Fruit Cocktail Tartar Sauce	Roast Turkey Dressing Green Beans Roll Brownie Gravy
SUPPER	Chicken and Dumplings Stewed Tomatoes Southern Style Biscuit Diced Pears	Chicken Tenders Potato Wedges Broccoli and Cheese Apple Slices	Beef Tacos Pinto Beans Salad Tossed w/Tomato Pineapple Chunks	Tomato Bisque Saltines Grilled Cheese Sandwich Seasonal Fruit	BQ Pork Sandwich Marinated Cucumbers & Tomatoes Baked Beans Cinnamon Applesauce	Sweet & Sour Meatballs White Rice Sugar Snap Peas Roll Sugar Cookie	Country Fried Steak Country Gravy Mashed Potatoes Peas & Carrots Roll Mandarin Oranges Gravy